



KUMARAGURU
college of technology
character is life

7.1.1 Specific Facilities provided for women

S.No.	Content	Page Number
1	Safety and security	2
2	Counselling	6
3	Common room	19
4	Other facilities	20

7.1.1 Specific Facilities provided for women

The institution shows gender sensitivity in providing facilities for safety & security, counselling and common room as mentioned below:

a) Safety and Security

- KCT provides safe environment to girl and boy students by providing multi-layer safety features. The entire campus is kept safe from intruders by maintaining concrete compound walls with physical and electronic security systems. **582 Surveillance cameras** are installed at various locations in the campus and **32 biometric systems** are installed at various entry points in the campus and in the Library to register the attendance and **38 biometric systems** are installed in hostel to assist monitoring the students.
- Full time doctor along with 2 nursing staff are available for students and faculty in the campus. **Ambulance** is stationed inside the campus for emergency medical needs. Round the clock patrolling by Security Guards across the campus ensures a safe and secured environment.
- A set of well-defined rules has been formulated to monitor the behavior of students. All student and staff are directed to wear their ID cards while in campus, thus ensuring the identification process of unauthorized persons in campus.
- Anti-Ragging committee has been constituted to avert ragging inside the campus. Awareness on Anti ragging has been given to students during Induction Programs.
- Separate hostels for boy and girl students exist on the campus. Registers are maintained in the hostel to ensure the mobility of the students.
- The institution has always been spearheading women empowerment process. In order to provide a conducive environment for women staff and students “Internal Complaints and Women Empowerment Committee” has been

constituted to protect and safeguard women rights and to bring forth growth, development and empowerment.



Figure 1 Security Monitoring room



Figure 2 Camera



Figure 3 Biometric systems



Figure 4 CCTV



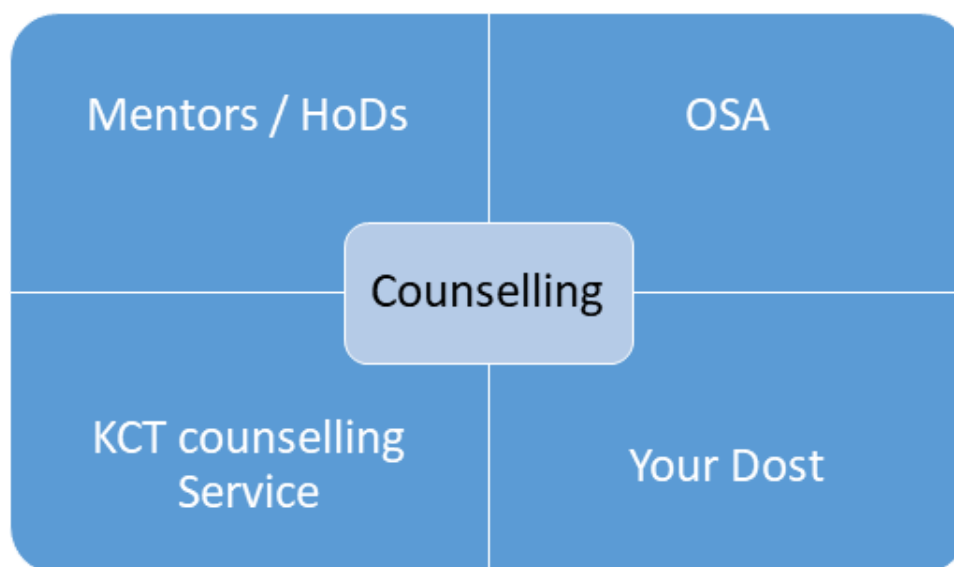
Figure 5 Hospital



Figure 6 Ambulance in front of Hospital

b) Counselling

Mentors are allotted for every 15-20 students for guiding and counselling academic and personal related activities in the department. They provide personal and academic related guidance to the student. Apart from that, Professional Counsellors are available for attending specific cases on need basis.



KCT Counselling Services

KCT Counselling Services for personal well-being is an active center started in 2015. The facility provides student guidance process on an individual basis with assured confidentiality. The counsellor, who is highly empathetic, facilitates the students in the areas of their need. Students find the discussions with the counsellor trustworthy and useful as the counselling sessions take care of the intentions of the students and motivates them accordingly. They are guided on different perspectives and with a non-judgmental attitude, thus leading them to find a solution on their own.

Counselling sessions are categorized into three broad sections - Academics, Behavioral and Emotional. Students are counselled for self-growth, emotional balance, to meet academic pursuits, clear back logs, enhance their communication skills, resolve

their conflicts, to work as a team, to become aware of their learning and working styles, to understand their strengths and limitations, for behavioral changes, to resolve family conflicts, to maintain a healthy boundary with opposite gender and to deal with their fear and anger. Students of both gender visit on their own will for counselling sessions. Boys take support mostly for behavioral issues whereas girls mostly present with emotional issues. Though there is no gender discrimination in facilitating both gender students, girls are given special attention. Exclusive group sessions are conducted for girls in hostels to combat home sickness, boost self-worth and facilitate to grow up as a professional. Sessions on menstrual hygiene, dealing with opposite gender, interdependence and belongingness as a powerful bond are conducted with internal clubs and peer support.

Group sessions are conducted for the Mentors, Hostel students, Hostel caretakers transport and security staff ensure their mental wellbeing. Sessions on hazards of rash driving, substance usage and abuse were conducted to student, faculty and other support groups. Counselling center plays a significant role in the Fresher's induction program, Hostel admission meetings, PTA meetings, Mentor- mentee meetings, Club events and Staff induction program. The reports are submitted with anonymity to Principal and management every month.

Sample Report



KUMARAGURU
college of technology
character is life

Counselling report for the Academic Year 2020-21

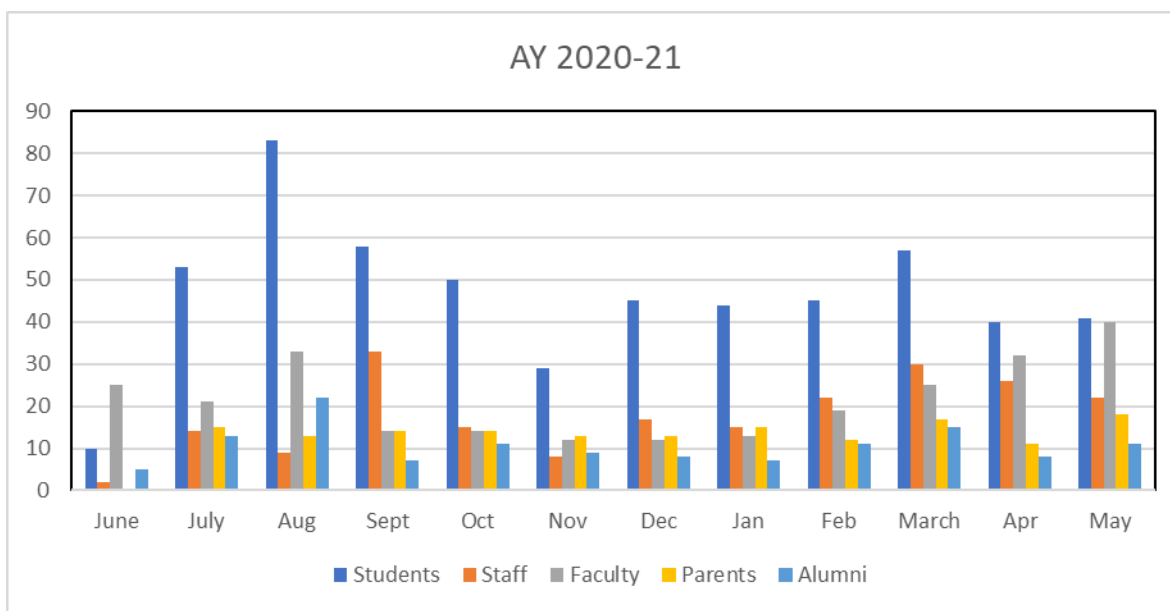
During March end of academic year 2020 – 21, unexpected lock down due to Covid 19 pandemic brought a sudden stand still in the campus. All the students and staff were frantically preparing themselves for online mode of learning. Counselling also shifted to online mode through messages, chats and phone calls.

Fear of Covid spread, alcoholic parent, unemployment of parent, negative thoughts, unable to cope up with new mode of learning, anxiety, depression, worrying about family members health and safety and relationship were some of the repeated issues that were brought for counselling support during this period.

Group sessions focused on preparing students for volunteering activities such as online support for school going students, college security and maintenance staff and self care. Faculties attended online mentoring program to enhance their skills on basics of counselling. Counsellor was invited as an internal resource to facilitate emotional wellbeing within small groups of students and faculties. Faculty and staff were striving to strike a work – life balance with work from home option.

PERSONAL SESSIONS 2020-21

	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May
Students	10	53	83	58	50	29	45	44	45	57	40	41
Staff	2	14	9	33	15	8	17	15	22	30	26	22
Faculty	25	21	33	14	14	12	12	13	19	25	32	40
Parents	-	15	13	14	14	13	13	15	12	17	11	18
Alumni	5	13	22	7	11	9	8	7	11	15	8	11



Your Dost

Kumaraguru Institutions has joined hands with **Your DOST**, one of India's leading online and emotional wellness platforms, to provide a neutral, anonymous and 24x7 functioning online platform to our stakeholders who need support to empower them to overcome their problems, to bring the best out of the students for a holistic development. This initiative will usher expert advice from 900+ Experts, with complete privacy, confidentiality and anonymity on a range of subjects including Stress, Time Management, Confidence Building, Career Coaching, Relationships, Sexual Wellness and much more. Students shall book appointments with the online counsellor and get live support at any time of the day (24X7).

This online forum is a supplement to our proposed Wellness Centre and the existing Kumaraguru Counselling Services offered in the campus that exclusively looks after the proactive measures and steps needed to take care of students in need.

Summary-Your Dost

- **721 users** have registered on the platform till date.
- **572 counseling sessions** happened one-on-one on the platform till date.
- The average session duration is: **26 Minutes**

Overall Statistics

	Total	May 2021
Registered Users	27	721
Counseling Sessions	43	572
Average Duration(min)	37	26

Department wise breakup - for Sessions in Career/Academic Category

Department	Percentage of sessions
Textile Technology	29%
Information Science	29%
Biotechnology	14%
Civil Engineering	14%
Electronics and Communication Engineering	14%

Qualitative Analysis

The top issues that have been extensively discussed by the **Kumaraguru Institutions** community are Self-Improvement, Career/Academic and Love & Relationship

Category	Percentage Of Sessions
Self-Improvement	52%
Self Esteem	9%
Problem Solving Skills	9%
Career/ Academic	33%
Study-life balance	57%
Career Confusion	29%
Love & Relationship	10%
Relationship Issues	100%
Family & Friends	5%
Friends	100%



KUMARAGURU
Institutions

Open up to someone who
understands you.

YourDOST services are just a click away



Text Counseling



Audio & Video Calls



Student Forum



Talk to an expert and get professional guidance on yourdost.com

KUMARAGURU
Institutions

YourDOST Features

YourDOST is a virtual platform that supports the required students with the expert caregivers like psychologists, psychotherapists, counsellors, career counsellors and life coaches.

YourDOST address any issues that the student faces with respect to his emotional wellbeing including career counselling, conflict management, trauma, anxiety, sleep disorder, academic and non-academic challenges.



Your **DOST**

YourDOST offers



24x7
support Live
Counselling



Technology -
To reach the
expert instantly



Unlimited
audio/video
sessions



Anonymous
interaction



Discussion
forums



2000+
articles

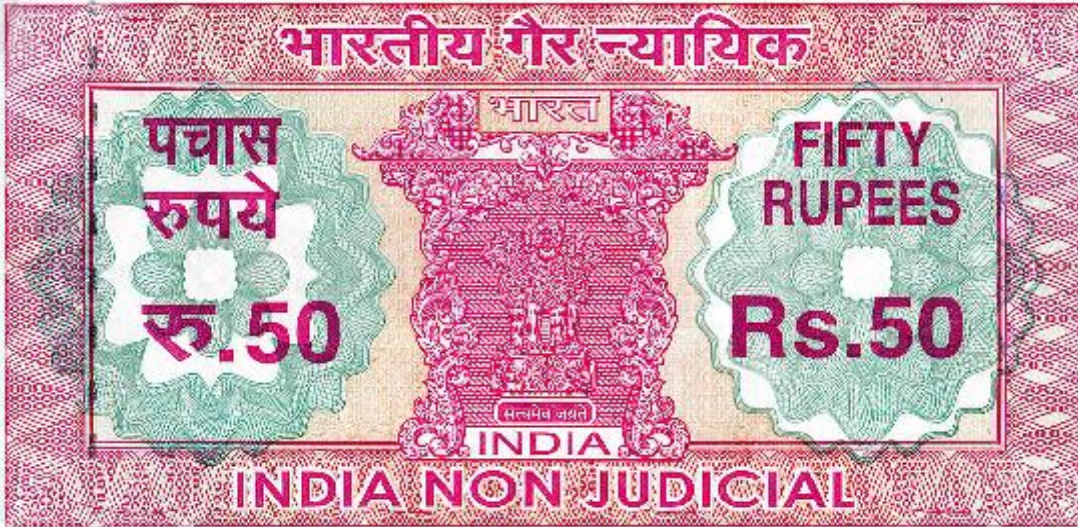


Awareness
workshops &
Webinars on
positivity



Self-help
content and
tools

Starting 1st September 2020 all the students, staff and faculty members of Kumaraguru Institutions can visit yourdost.com and use their official email IDs to authenticate and connect to the YourDOST Counseling services. Further details will be shared with you through your mentor.



தமிழ்நாடு தமிழ்நாடு TAMILNADU

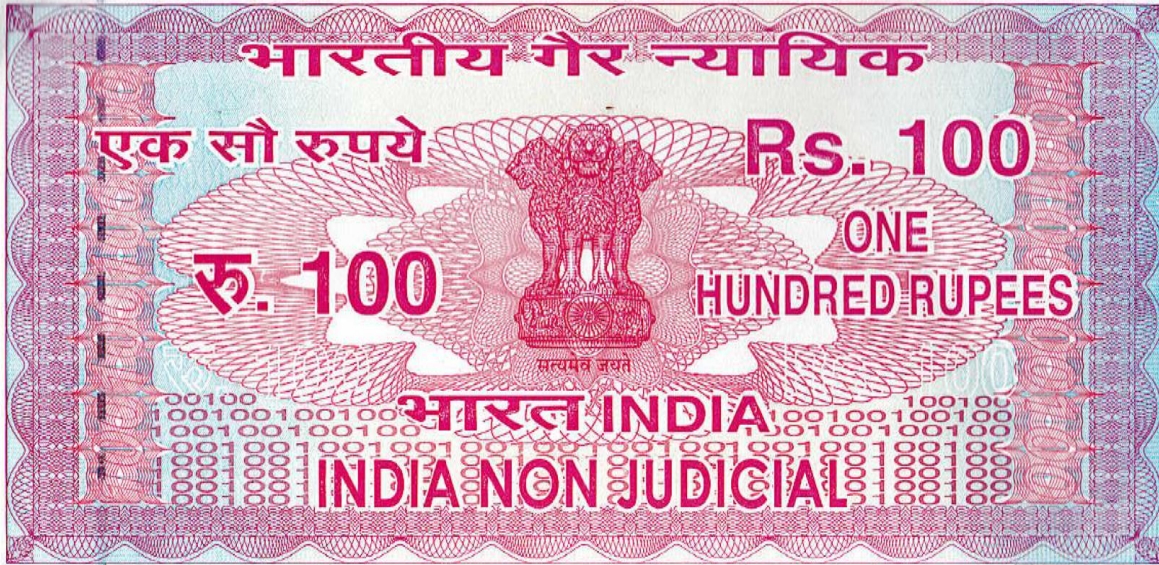
BA 345291

6.8.2020 Ramanandha Adigalar
Foundation
cfe

S. MURUGANANTHAM
STAMP VENDOR,
R.O. PARTY SHED,
CBE-18, TAMIL NADU,
REF. NO: 4914/B1/84

MEMORANDUM OF UNDERSTANDING BETWEEN RAMANANDHA ADIGALAR
FOUNDATION, COIMBATORE AND YOUR DOST HEALTH SOLUTIONS PRIVATE
LIMITED, BENGALURU





08-2020
தமிழ்நாடு தமிழ்நாடு TAMILNADU
Ramanandha Adigalar Foundation
Coimbatore.
N. SOMATHI
STAMP VENDOR
SARAVANAMPATTY
COIMBATORE - 641 035
Ref. No: 5409/B1/2013
CA 717015

MEMORANDUM OF UNDERSTANDING

This Memorandum of Understanding (MOU) is entered on this day the 26th August, 2020

BETWEEN

YourDOST Health Solutions Pvt Ltd, a company located at Bangalore and registered under the Indian Companies Act 2013 (CIN:U85100MP2015PTC034410) represented by Richa Singh (Director and Co-Founder YourDOST) (hereinafter referred to as **"The Service Provider"** and shall mean to include, authorized representatives, program managers of YourDOST, psychologists, psychotherapists, counsellors, life coaches, career counsellors representing YourDOST, and such others, who are directly involved in the framework of this Memorandum of Engagement.

AND

M/s. RAMANANDA ADIGALAR FOUNDATION, a Charitable Educational Trust, situated in Coimbatore, Tamilnadu, and having under its umbrella **Kumaraguru College of Technology (KCT)**, **Kumaraguru Business School (KCTBS)**, **Kumaraguru College of Liberal Arts and Science (KCLAS)** and affiliated **Institution Kumaraguru Institute of Agriculture (KIA)**. (additional details about Kumaraguru Institutions are available in <https://www.kct.ac.in/>, <https://kctbs.ac.in>, <https://www.kclas.ac.in> and <https://www.kia.ac.in>.) herein afterwards, shall be referred to as **"The Client"** and shall mean to include authorized representatives, designated staff, officers, members and such others who are directly involved in the framework of this Memorandum of Engagement.




Students/Faculty/Staff of aforesaid Kumaraguru Institutions herein afterwards, shall be referred to as **"RAF /RAF Users" of the OTHER PART**

The Service Provider and Client are hereinafter collectively referred to as "Parties" and individually as "Party" under the framework of this engagement.

WHEREAS

YourDOST is a counseling and emotional support, technology platform, designed to foster mental health which anonymously connects individuals with the right experts, consisting of psychologists, psychotherapists, counselors, life coaches, career counselors who understand and can guide individuals through completely confidential one on one session and

WHEREAS

Through personalized and professional guidance, experts at YourDOST help individuals develop:

- a. Healthy personal relationships
- b. A productive and satisfying work-life balance
- c. A more focused approach towards achieving goals
- d. A more confident self
- e. The ability to deal with stress, anxiety, depression and pressures of all kinds

and from many sources such as - personal, societal, peer, etc.

The key aspect of YourDOST is that people are kept completely anonymous throughout the platform. With the use of technology, YourDOST wants to make expert help widely and instantly available to everyone looking for emotional and mental wellbeing.

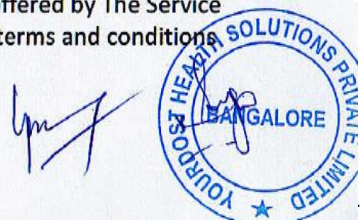
YourDOST is not a medical service or suicide prevention helpline. More details about YourDOST are available at www.YourDOST.com. YourDOST, herein afterwards, shall be referred to as **"The Service Provider"** and shall mean to include, authorized representatives, program managers of YourDOST, psychologists, psychotherapists, counselors, life coaches, career counselors representing YourDOST, and such others, who are directly involved in the framework of this Memorandum of Engagement.

AND WHEREAS the Client has students, faculty and staff members from different regions, cultures, socioeconomic backgrounds, age groups, religions, interests, etc., from India and abroad

AND WHEREAS the Client is now seeking to manage the well-being of their campus community and believes a web platform like **"YourDOST"** could possibly help in this direction.

AND WHEREAS the Service Provider having the requisite experience has represented to the Client that it is capable of providing counselling through web & mobile platforms

AND WHEREAS the Client relying on the representations of the Service Provider and in furtherance of their objectives, wishes to avail and engage the services offered by The Service Provider and the Service Provider agrees to render their services on the terms and conditions



hereinafter appearing in this Memorandum of Engagement.

2. The effective date of commencement under this MOU shall be 1st September 2020 ("**Effective Date**")
3. This engagement is effective for 13 months ("**Initial Term**") from the Effective Date and can be extended further based on mutual agreement
4. The Client agrees to the following:
 - a. To provide a slot (Time Period – 30 minutes) to spread awareness about YourDOST to the students.
 - b. To provide assistance in terms of mailers/newsletters, to be sent to the campus community twice in a month or at a predetermined frequency for increasing the usage if necessary.
 - c. To provide support of Clients' network administrator to enable user tagging based on the Client's IP address.
 - d. To provide necessary facilities to conduct workshop with students
5. The Service Provider agrees to the following benefits to the Client as part of the agreement:
 - a. Access to 24 x 7 x 365 unlimited text counseling through pre-vetted experts (psychologists, counselors, career coaches, life coaches) for instant help
 - b. Unlimited Audio/Video Sessions available for users who would like to avail escalated support
 - c. Access to the discussion forums and 2000+ articles dealing with relevant issue
 - d. Awareness communication interventions to promote engagement of students on the platform.
 - e. An orientation session for students on campus would be included as a part of the offering A.
 - f. Awareness workshops/webinar to challenge negative connotations. 4 workshops in 12 months (2 workshops/webinars exclusively for faculty/staff members and 2 workshops for a combination of students / parents / faculty / staff members is included as part of the offering.) Others can be offered on demand and will be charged separately at Rs 25,000/- per session.
 - g. Aggregate monthly reports for Administration - on anonymized data to resolve thematic issues
 - h. Inform the representative of the client for critical cases (eg. suicidal tendencies, self harm), so that timely action could be taken by the authorities to prevent this (if possible).

6. Commercials

- a. The first 13 months of this engagement would be a pilot. During pilot, the Client agrees that the Services provided under this MoU, shall be chargeable on the following basis

Project Milestone	Amount Payable *
a) For the first month of this MoU (" First Month ")	INR NIL
b) For the first quarter beginning the second month **	INR 135,000 or INR 75,000
c) For each quarter after the end of the first quarter	INR 150,000

** The amount referred above shall be exclusive of applicable taxes and shall be payable at the end of each quarter.*

***based on satisfaction of the conditions detailed in Appendix A*

- b. Refunds or concessions or adjustments will be provided by the Service Provider, in the unlikely event of cancellation of the agreement.
- c. The Client agrees to provide travel, boarding and lodging or reimburse expenses on actuals, for all visits/all purposes that are made during the period of this MOU. Approval for such expenses



need to be obtained upfront in writing from the client for each specific instance.

- d. All reimbursements shall be pre-approved by the Client in writing.
- e. All reimbursement claims shall be settled by the Client within one month from the date of submission of claims.
- f. All payments and reimbursements shall be done either by cheque or online wire transfer to the account of "YourDOST Health Solutions Pvt Ltd."

7. Termination of Engagement

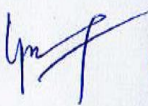

Either Party may terminate this MOU by giving two month's advance notice in writing of its intention to do so. Either Party shall have the right to terminate this MOU with immediate effect at any time during the MOU Term by giving notice in writing to the other Party if there is a material breach or non-observance by the other Party, of any of its obligations hereunder, and is not cured or remedied by the other Party within a period of 30 days of receipt of a notice or such extended time in writing, from the aggrieved Party.

Notwithstanding, in the event of there being no material breach of conditions of the MOU, the Client shall have an option of renewing the MOU for a further period of two years on the same terms and conditions as per the existing MOU.

Further, the Service provider reserves the right to terminate this engagement without giving any notice, if the Client defaults in payment of its financial dues within 30 days from the date they have become due and fails to respond within a reasonable time after due notice of the same is given by the Service Provider. Furthermore, the Service Provider reserves the right to charge interest at the rate of 12% per annum for all sums that are outstanding.

Upon termination of this engagement, both parties shall within a period of 30 days, hand over, all documents, reports, case discussions papers, etc., that are proprietary to the other party. There shall be no financial implications for handover of such proprietary information.

- 8. The Client and the Service Provider understand and accept the complex nature of this engagement. While both the parties shall strive and commit resources to achieve the objectives of the Client, each of the parties are aware, the following events may happen during the course of the engagement:
 - a. Due to unforeseen reasons, not attributable to the Service Provider such as, political interference, personal issues, undue influence from family of the KCT Users, etc., there could be disturbance and disruption to the counselling process.
 - b. Despite the best efforts of the Service Provider, for reasons not attributable to the Service Provider, there could be any unfortunate incident or event, like harm to the KCT User or any other third party by the KCT User etc. which may take place, due to the direct, unexpected, unanticipated action of the KCT Users.
 - c. In the unlikely event any of the situations outlined in Clause a and b hereinabove, the Service Provider shall not be held responsible and accountable for such situations and no damages or penalties in whatever name so called shall be levied, by KCT, under the terms of this engagement.
- 9. All communications under this engagement, shall be in writing, and shall be binding on the parties. For the purposes of this clause, email communication from the registered e-mail addresses of the parties shall also be binding on the parties. Communication shall mean to include hard copies of letters, agreements, reports, documents, invoices, claims, photographs, word documents

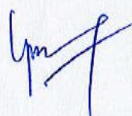




spreadsheets, PDF files, PPT's, scanned copies, email attachments or any other forms that the parties specifically accept as binding on each other. Wherever it is found feasible, relevant, possible and legally necessary, digital signatures shall also be acceptable to the parties.

10. Either party agrees to indemnify the other party against any wrongful deeds or actions directly attributable to the other party. The parties further agree to cooperate with each other, so as to defend any third party suits, claims, injunctions, restraint orders, police complaints, court orders, summons or any other legal proceedings, brought against either of the parties.
11. Any dispute between the parties shall be resolved by negotiations. In the unlikely event of failure of negotiations, such disputes shall be referred to Arbitration as per the Indian Arbitration and Conciliation Act 1996 and the rules made therein, and as amended from time to time. The place of Arbitration shall be Coimbatore and the language shall be English (UK). This MOU is drafted as per the laws of India and the courts of Coimbatore shall have jurisdiction over matters contained herein.
12. The terms of this engagement, communication between the parties in furtherance of this engagement, documents, reports, discussions, actions and outcomes relating to the subject matter of this engagement and any other information the parties specifically wish, shall be kept confidential at all times by both parties. This confidentiality shall subsist even after the termination of this engagement. For the purpose of this clause, the subject matter of engagement means, the person who is availing or for whom the service is provided under the terms of this engagement.
13. In the event of any information relating to this engagement or to the subject matter in question is demanded by law or during the course of a medical emergency, such passing of information by either party shall not be deemed to be a breach of confidentiality. The party that is required to provide such information would need to keep the other party informed of such events prior to providing the requested information, to the extent possible, or within a maximum period of 24 hours after providing the information as foregoing.
14. The mention of the names of either of the parties in the other party's corporate communication shall not be construed as breach of confidentiality provided such approvals are obtained in writing from the other party, prior to publishing of such information.

15. No Waiver

The Parties hereto agree that in the event of there being any delay in or indulgence shown by either of the Parties with regard to the enforcement of any of the terms of this MOU, the same shall not be construed as a waiver on the part of the Party showing such indulgence or tolerance and any such indulgence or forbearance shall not be deemed to be a waiver of the rights and the Parties shall be entitled to enforce such right without prejudice to such indulgence or tolerance shown.

16. Severability

If any one or more of the provisions of this MOU is declared invalid or unenforceable in any respect under any applicable law, the validity, legality or enforceability of the remaining provisions contained therein shall not in any way be affected or impaired

17. Independent Contractor

The Services to be provided under this MOU shall be provided by the Service Provider as an Independent Contractor on a non-exclusive basis and nothing contained in this MOU shall be taken to constitute or create a partnership among the Parties. No Party shall be deemed to be the agent of the other and none of the Parties shall have any authority to bind the other Party.

18. Assignment

The rights and obligations under this MOU are personal to the parties hereto and shall neither be transferred nor assigned or encumbered in any way or manner whatsoever without prior permission of the party concerned.

19. Modification of the MOU

Any modifications or alteration of any of the terms of this MOU can only be effected by both the Parties mutually agreeing to in writing with their requisite prior corporate approval. Such modification shall form and be treated as an integral part of this MOU.

20. Entire Agreement

This MOU along with the Appendices embodies all the terms and conditions agreed upon between the Parties regarding the rendering of the services contemplated under this MOU and specified in this Agreement.

IN WITNESS WHEREOF the Parties hereto have executed these presents on the day month and year first hereinabove written and in the manner hereinafter appearing.

YourDOST Health Solutions Pvt. Ltd



NAME: RICHU SINGH
DESIGNATION: CEO & DIRECTOR

DATE: 31 Aug 2020
PLACE: BANGALORE

For RAMANANDHA ADIGALAR FOUNDATION

NAME: G. MUNIASAMY
DESIGNATION: Executive Officer

DATE: 26/08/2020
PLACE: COIMBATORE

EXECUTIVE OFFICER
KUMARAGURU COLLEGE OF TECHNOLOGY
COIMBATORE - 49

c) Common Rooms

Each Department block is provided with place for the visitors near HoD cabin, Separate washrooms for boys' and girls' students, Separate washrooms for male and female faculty and staff in the academic block. Huts are provided in the girl's hostel to meet their visitors and parents for a short discussion. Apart from this each block contains rest room for girls.




4. Any other facilities

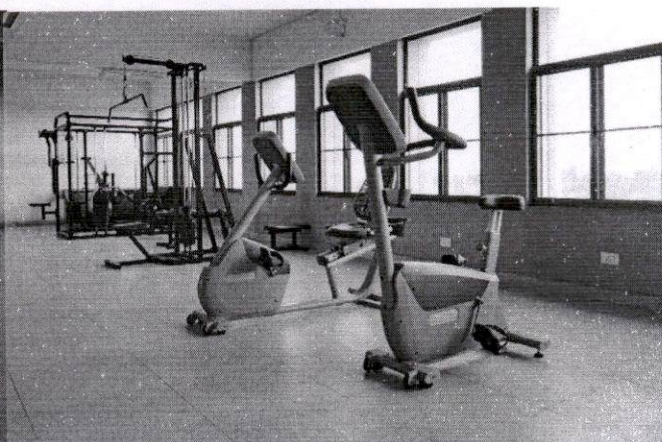
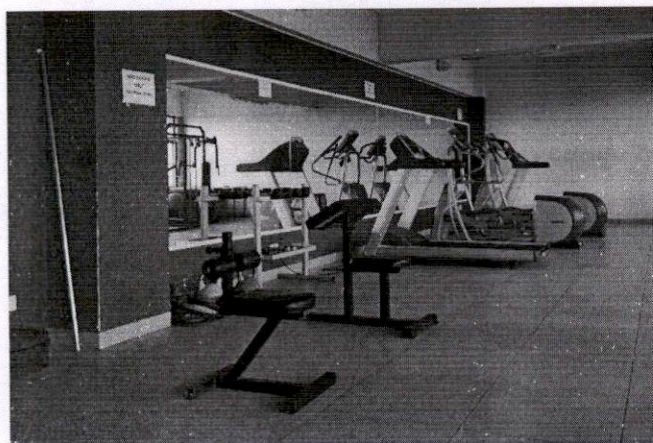
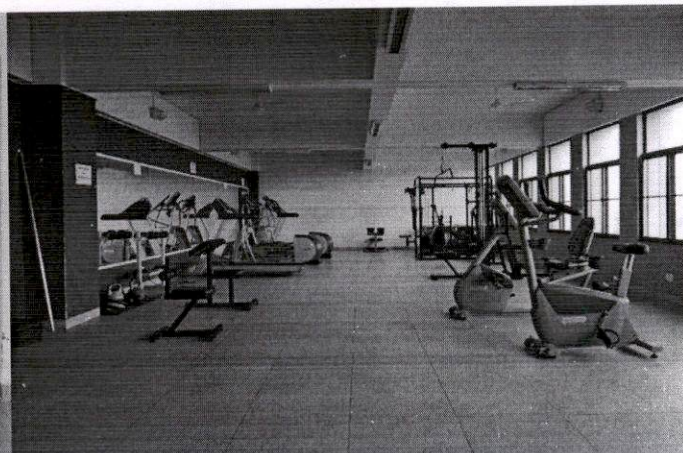
Separate **GYM facilities** for girls' students are available in the college premise. The gym named KRAFT resonates a healthy mind in a healthy body. The significance of KRAFT is that it is in-door and spreads over an area of 2400 square feet. The gym equipment's are well tested, maintained and adheres to the international standards. The facility is made available to for men and women users separately. The following are some of the notable equipment's available.

Women's' Gym - 900 Sq. Ft to accommodate 25 members at a time.

S.No.	Name of the Equipment
1.	Tummy Vibrator
2.	Twister
3.	Abdominal board with knee rest
4.	Adjustable bench press leg curl and leg extension
5.	Peck-deck
6.	High lat and low lat pulley
7.	Tread mill
8.	Stepper
9.	Body Inverter
10.	Hydraulic rowing machine
11.	Seated calf raise
12.	Chromium plated rods and barbell plates


Dr. D. SARAVANAN, M.Tech., Ph.D.,
PRINCIPAL
Kumaraguru College of Technology
Coimbatore - 641 049.

Girls Gym:



Dr. D. SARAVANAN, M.Tech., Ph.D.,
PRINCIPAL
Kumaraguru College of Technology
Coimbatore - 641 049.